

## Lecture #2 Part 4 Regularization, Ridge Regression

(1)

Regularization helps avoid Overfitting! Readings: Murphy 11.3-4

→ Regularization in Linear Regression

code: `ridge_and_loss.ipynb`

- Recall Least Squares:  $\hat{w}_{LS} = \arg \min_w \sum_{i=1}^n (y_i - x_i^T w)^2$

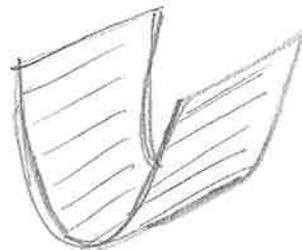
$$= \arg \min_w (y - Xw)^T (y - Xw)$$
$$= (X^T X)^{-1} X^T y \quad (\text{when } (X^T X)^{-1} \text{ exists!})$$

- What if  $x_i \in \mathbb{R}^d$  and  $d > n$ ?

- The objective function is flat in some directions

- implies optimal solution is not unique and unstable due to curvature:

- small changes in training data result in large changes in solution
- often the magnitudes of  $w$  are "very large"



= Regularization imposes "simpler" solutions by a "complexity" penalty

→ Sensitivity increases overfitting

- For a linear model:

$$y \approx b + w_1 x_1 + w_2 x_2 + \dots + w_d x_d$$

if  $|w_j|$  is large, then the prediction is sensitive to small changes in  $x_j$

- Large sensitivity leads to overfitting and poor generalization, and equivalently, models that overfit tend to have large weights.

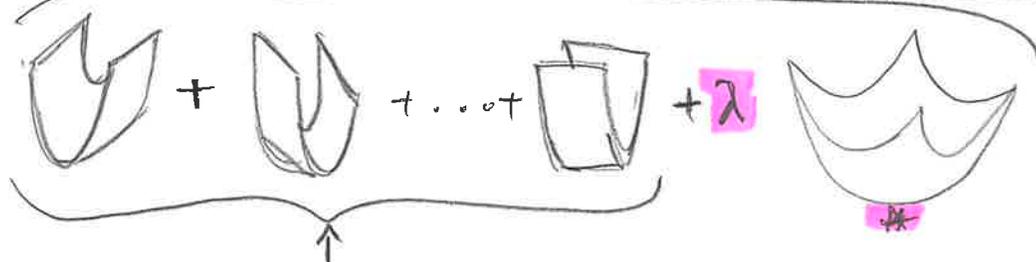
- Note:  $b$  is a constant and hence there is no sensitivity for the offset  $b$ . Never regularize  $b$

- In Ridge Regression, we use regularizer  $\|w\|_2^2$  to measure and control the sensitivity of the predictor.

- And, optimize for small loss and small sensitivity, by adding a regularizer in the objective (assume no offset for now)

$$\hat{w}_{\text{ridge}} = \arg \min_w \left\{ \sum_{i=1}^n (y_i - x_i^T w)^2 + \lambda \|w\|_2^2 \right\}$$

↑ regularization coefficient



Compared to old Least Squares objective:

$$\hat{w}_{\text{LS}} = \arg \min_w \sum_{i=1}^n (y_i - x_i^T w)^2$$

# → Minimizing the Ridge Regression Objective

$$\begin{matrix} X \in n \times d \\ w \in d \times 1 \end{matrix}$$

$$\hat{w}_{\text{ridge}} = \arg \min_w \sum_{i=1}^n (y_i - x_i^T w)^2 + \lambda \|w\|_2^2 \quad \text{L2 norm}$$

$$\|w\|_p \triangleq (|w_1|^p + \dots + |w_d|^p)^{\frac{1}{p}}$$

$$\begin{aligned} &= \|y - Xw\|^2 + \lambda \|w\|^2 \\ &= (Xw - y)^T (Xw - y) + \lambda w^T w \end{aligned}$$

$$\nabla_w f = 2X^T(Xw - y) + 2\lambda w = 0$$

$$(X^T X + \lambda I) w = X^T y$$

Similar to how we did in simple Linear Regression

$$I^d = \begin{bmatrix} 1 & 0 & & \\ 0 & 1 & & \\ & & \ddots & \\ 0 & & & 1 \end{bmatrix} \in d \times d$$

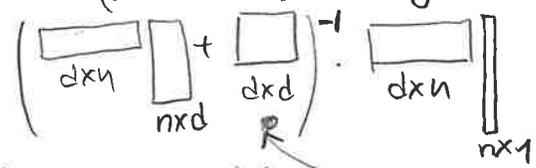
$$\hat{w}_{\text{RIDGE}} = (X^T X + \lambda I)^{-1} \cdot X^T \cdot y$$

Useful

Scalar Derivative	Vector Derivative
$f(x) \rightarrow \frac{df}{dx}$	$f(x) \rightarrow \frac{df}{dx}$
$bx \rightarrow b$	$x^T B \rightarrow B$
$bx^2 \rightarrow 2bx$	$x^T b \rightarrow b$
$x^2 \rightarrow 2x$	$X^T X \rightarrow 2X$
$bx^2 \rightarrow 2bx$	$X^T B X \rightarrow 2BX$

# → Shrinkage Properties

$$\begin{aligned} \hat{w}_{\text{ridge}} &= \arg \min_w \sum_{i=1}^n (y_i - x_i^T w)^2 + \lambda \|w\|_2^2 \\ &= (X^T X + \lambda I)^{-1} \cdot X^T \cdot y \end{aligned}$$

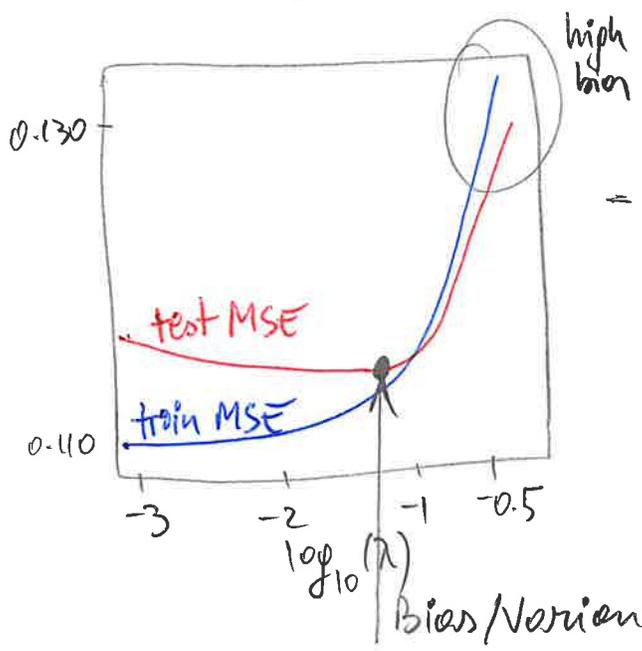
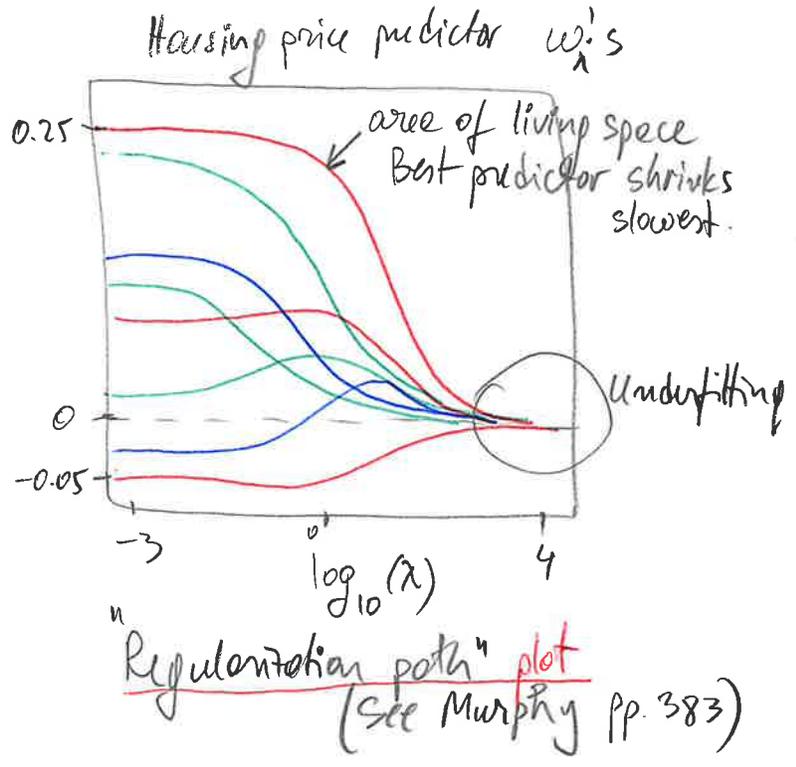
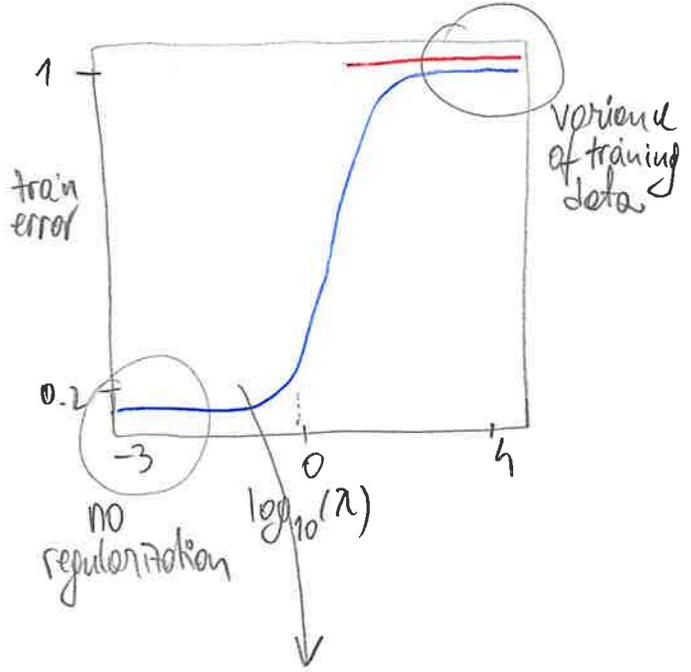


Larger  $\lambda$  "divides by" larger term! (makes  $w$  smaller)

- when  $\lambda=0 \Rightarrow$  least squares model
- this defines a family of models parameterized by  $\lambda$
- Large  $\lambda$  means more regularization and simpler model
- Small  $\lambda$  means less regularization and more complex model.

Ridge Regression: minimize  $\sum_{i=1}^n (\omega^T x_i - y_i)^2 + \lambda \|\omega\|_2^2$

Training MSE  $\frac{1}{n} \sum_{i=1}^n (y_i - x_i^T \hat{\omega}_{ridge}(\lambda))^2$



- = Gain in test MSE comes from shrinking  $w$ 's to get a less sensitive predictor;
- which in turn reduces the variance
- This is the role of regularizer: reduce sensitivity variance!

We are not changing the model class, we are just changing  $\lambda$ .

# Bias-Variance Properties

- $\hat{\omega}_{ridge} = (X^T X + \lambda I)^{-1} \cdot X^T \cdot y$
- To analyze bias-variance tradeoff, we need to assume probabilistic generative model:

$$x_i \sim P_X, y = X\omega + \epsilon, \epsilon \sim \mathcal{N}(0, \sigma^2 I)$$

for some ground truth model parameter  $\omega$

- The true error at a sample with features  $x$  is:

$$\mathbb{E}_{y, \mathcal{D}_{train} | x} [(y - x^T \hat{\omega}_{ridge})^2 | x] =$$

test sample  $\uparrow$   $\hat{\omega}_{ridge}$   $\leftarrow$  fit to a given set  $X, y$   
 $\rightarrow \eta(x)$  same as before

$$= \underbrace{\mathbb{E}_{y|x} [(y - \mathbb{E}[y|x])^2 | x]}_{\text{irreducible error}} + \underbrace{\mathbb{E}_{\mathcal{D}_{train}} [(\mathbb{E}[y|x] - x^T \hat{\omega}_{ridge})^2 | x]}_{\text{Learning error}}$$

$$= \mathbb{E}_{y|x} [(y - x^T \omega)^2 | x] + \mathbb{E}_{\mathcal{D}_{train}} [(x^T \omega - x^T \hat{\omega}_{ridge})^2 | x]$$

ground truth  $\uparrow$

$$= \underbrace{\sigma^2}_{\text{irreducible error}} + \underbrace{(x^T \omega - \mathbb{E}_{\mathcal{D}_{train}} [x^T \hat{\omega}_{ridge} | x])^2}_{\text{Bias-squared}} + \underbrace{\mathbb{E}_{\mathcal{D}_{train}} [(\mathbb{E}_{\mathcal{D}_{train}} [x^T \hat{\omega}_{ridge} | x] - x^T \hat{\omega}_{ridge})^2 | x]}_{\text{Variance}}$$

Sample data from independent Gaussians

Suppose  $X^T X = nI$ , then  $\hat{\omega}_{ridge} = (X^T X + \lambda I)^{-1} \cdot X^T \cdot (X\omega + \epsilon)$

$$= \frac{n}{n+\lambda} \omega + \frac{1}{n+\lambda} X^T \epsilon$$

ground truth  $\uparrow$   $\omega$        $\uparrow$   $X^T \epsilon$  trades off weight vs. noise.

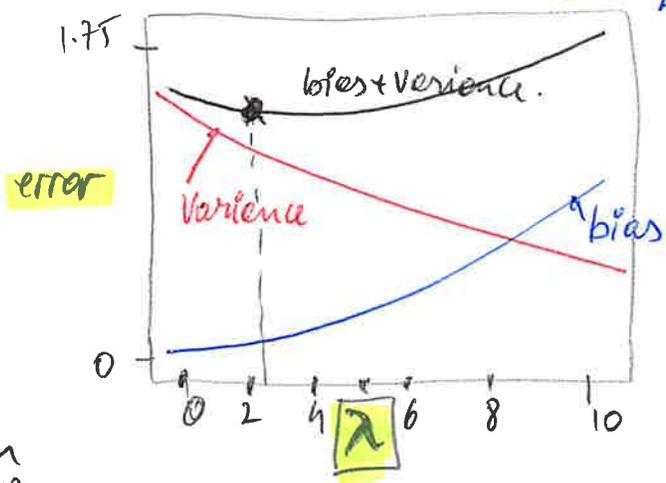
HW assignment to verify

$$\sigma_{\text{oo}}^2 = \underbrace{\sigma^2}_{\text{irreducible error}} + \underbrace{\frac{\lambda^2}{(n+\lambda)^2} (\omega^T x)^2}_{\text{Bias-squared}} + \underbrace{\frac{\sigma^2 n}{(n+\lambda)^2} \|x\|_2^2}_{\text{Variance}}$$

- $\lambda$  trades off Bias vs. Variance.
- Larger  $\lambda \Rightarrow$  smaller variance, Larger Bias.

True Error:

$$E_{y_j} \mathbb{D}_{\text{train}} | x [(y - x^T \hat{\omega}_{\text{ridge}})^2 | x] = \underbrace{\sigma^2}_{\text{irreducible error}} + \underbrace{\frac{\lambda^2}{(n+\lambda)^2} (\omega^T x)^2}_{\text{Bias-squared}} + \underbrace{\frac{\sigma^2 n}{(n+\lambda)^2} \|x\|_2^2}_{\text{Variance}}$$



$\lambda \rightarrow 0$   
 $\hat{\omega}_{\text{ridge}} \rightarrow \hat{\omega}_{\text{LS}}$

$\lambda \rightarrow \infty$   
 $\hat{\omega}_{\text{ridge}} \rightarrow 0$

Takeaways:

- Regularization: penalizes complex models towards preferred, simpler models.
  - Ridge Regression:
    - L2 penalized least-square regression.
    - Regularization parameter trades off model complexity w/ training error.
    - Never regularize the offset!
  - We learned to measure parsimony by the size of weights  $\|\omega\|_2^2$
- $$\hat{\omega}_{\text{LS}} = \arg \min_{\omega} \sum_{i=1}^n (y_i - x_i^T \omega)^2$$

# Sparsity & the LASSO

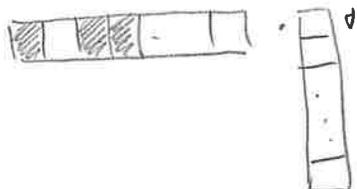
- how to make the model compact and interpretable.

$$\hat{w}_{LS} = \arg \min_w \sum_{i=1}^n (y_i - x_i^T w)^2$$

- vector  $w$  is **sparse** if many entries are  $\emptyset$
- = A vector  $w$  is said to be **k-sparse** if at most  $k$  entries are non-zero.
- we are interested in  $k$ -sparse  $w$ , with  $k \ll d$ , because:
  - computationally more efficient
  - get rid of redundant/spurious features
  - explainability/interpretability

## Efficiency

- if  $\text{size}(w) = 100$  billion, each prediction  $w^T x$  is expensive.
- if  $w$  sparse, prediction computation depends only on non-zeros in  $w$ .

$$\hat{y}_i = \hat{w}_{LS}^T \cdot x_i = \sum_{j=1}^d \hat{w}_{LS}[j] \times x_i[j] = \sum_{j: \hat{w}_{LS}[j] \neq 0} \hat{w}_{LS}[j] \times x_i[j]$$


- Computational complexity - decreases from  $2d$  to  $2k$  for  $k$ -sparse  $\hat{w}_{LS}$

## Interpretability

- what are the relevant features to make a prediction?  
 - How do we find the "best" subset of features useful for predicting the price, among all combinations?



- Lot size
- Single family
- Year Built
- Last sold price
- Finished soft
- Finished basement
- Parking type
- Cooking

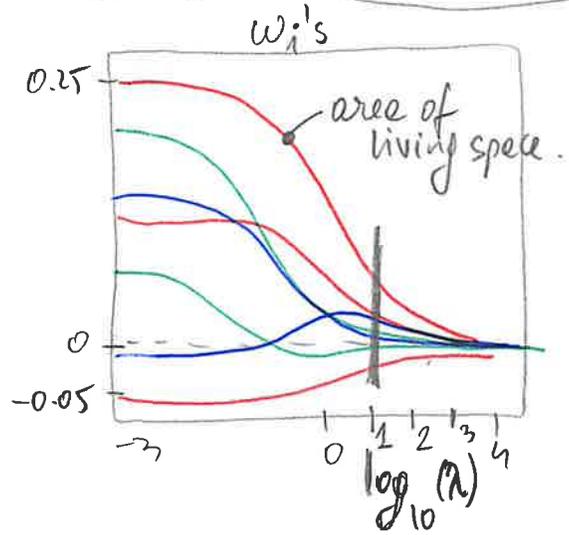
- Heating
- Exterior materials
- Roof type
- Structure type
- ...

### Finding Best subset:

- **Exhaustive** - time consuming
- **Greedy** - Forward stepwise - start from simple model; add iteratively features most useful to fit.
  - Backward stepwise - start w/ full model; iteratively remove features least useful to fit.

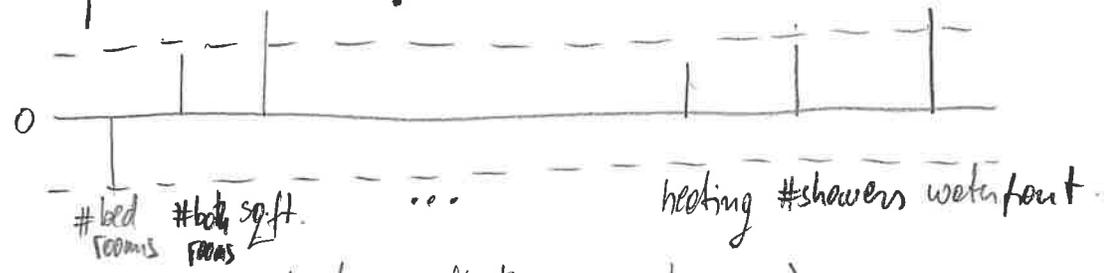
→ **Regularize** - Recall that Ridge Regression makes coefficients small

$$\hat{w}_{\text{ridge}} = \underset{w}{\text{argmin}} \sum_{i=1}^n (y_i - x_i^T w)^2 + \lambda \|w\|_2^2$$



**Threshold Ridge Regression** :- just set small ridge coefficient to 0

- How to pick threshold?



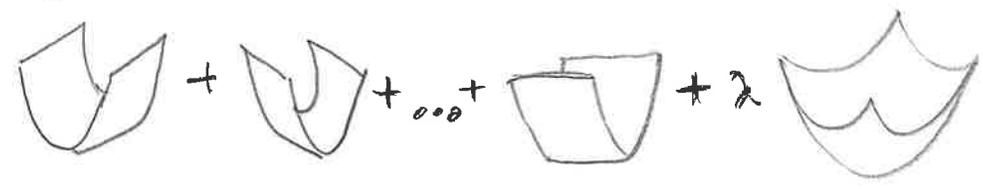
- Challenge: related features (bathrooms, showers)
  - if did not include showers, weight on bathrooms increases!
  - we want a feature selection scheme to select one of the two automatically!

- Can we do this automatic selection w/ another regularizer?

# Ridge vs. Lasso Regression

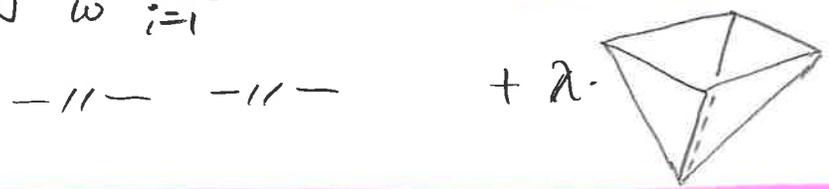
- **Ridge** Regression objective:

$$\hat{\omega}_{\text{Ridge}} = \arg \min_{\omega} \sum_{i=1}^n (y_i - x_i^T \omega)^2 + \lambda \|\omega\|_2^2$$



- **Lasso** objective:

$$\hat{\omega}_{\text{Lasso}} = \arg \min_{\omega} \sum_{i=1}^n (y_i - x_i^T \omega)^2 + \lambda \|\omega\|_1$$



## LASSO ≡ Least Absolute Shrinkage and Selection Operator

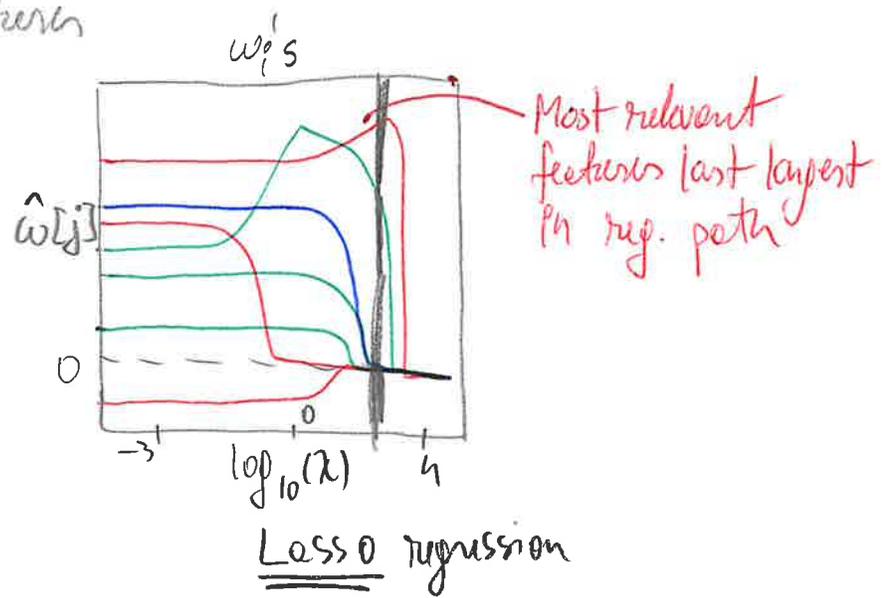
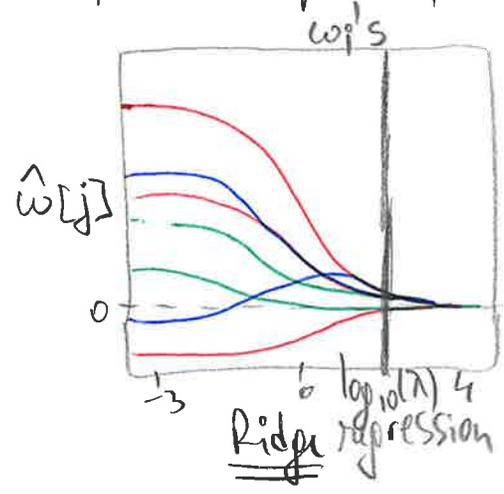
- Sensitivity of a model  $\omega$  is measured in L1-norm:

$$\|\omega\|_1 = \sum_{j=1}^d |\omega[j]|$$

absolute value.

( $l_p$ -norm of a vector  $\omega \in \mathbb{R}^d$  is:  
 $\|\omega\|_p \triangleq \left( \sum_{j=1}^d |\omega[j]|^p \right)^{1/p}$ )

Example: house price w/ 16 features



Lasso regression - naturally gives sparse features.

- 1 > model selection - choose  $\lambda$  based on (cross) validation error
- 2 > feature selection - keep only features with non-zero (or not-too-small) parameters in  $w$  at optimal  $\lambda$
- 3 > retrain with the sparse model and  $\lambda=0$ .

Regularized Least Squares

Optimization:

$$\hat{w}_\lambda = \arg \min_w \sum_{i=1}^n (y_i - x_i^T w)^2 + \lambda \cdot r(w)$$

Ridge :  $r(w) = \|w\|_2^2$

Lasso :  $r(w) = \|w\|_1$

Theorem:

For any  $\lambda^* \geq 0$  for which  $\hat{w}_\lambda$  achieves the minimum, there exists a  $\mu^* \geq 0$  such that the solution of the constrained optimization,  $\hat{w}_\mu$ , is the same as the solution of the regularized optimization,  $\hat{w}_\lambda$ , where:

$$\hat{w}_\mu = \arg \min_w \sum_{i=1}^n (y_i - x_i^T w)^2$$

subject to  $r(w) \leq \mu^*$

So, there are pairs  $(\lambda, \mu)$  whose optimal solution  $\hat{w}_\lambda$  are the same for the regularized optimization and constrained optimization!

# Why does Lasso give sparse solutions?

$$\text{minimize } \sum_{i=1}^n (\omega^T x_i - y_i)^2$$

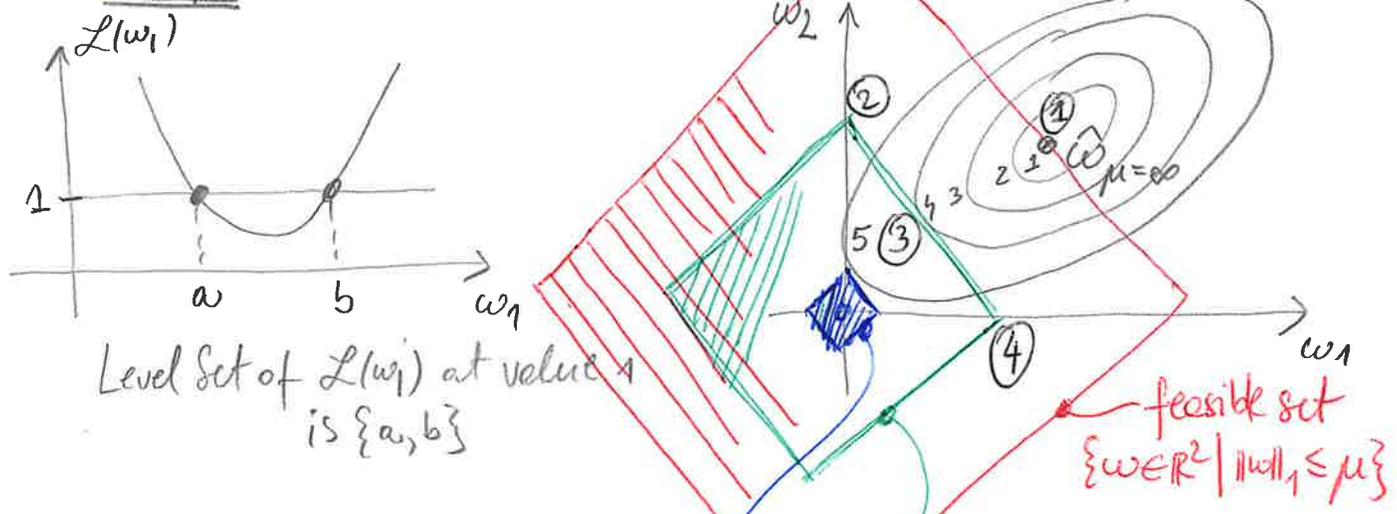
$$\text{subject to: } \|\omega\|_1 \leq \mu$$

"Level Set" of a function  $L(\omega_1, \omega_2)$  is defined as set of points  $(\omega_1, \omega_2)$  that have the same function value.

- Level set of a quadratic function is an oval.

- Center of oval is the Least Squares solution  $\hat{\omega}_{\mu=\infty} = \hat{\omega}_{LS}$

- Examples:



- As we decrease  $\mu$  from  $\infty$ , the feasible set becomes smaller.

- The shape of the feasible set is known as **L1 ball**, which is a diamond

- In 2-dimensions, diamond is:  $\{(\omega_1, \omega_2) \mid |\omega_1| + |\omega_2| \leq \mu\}$

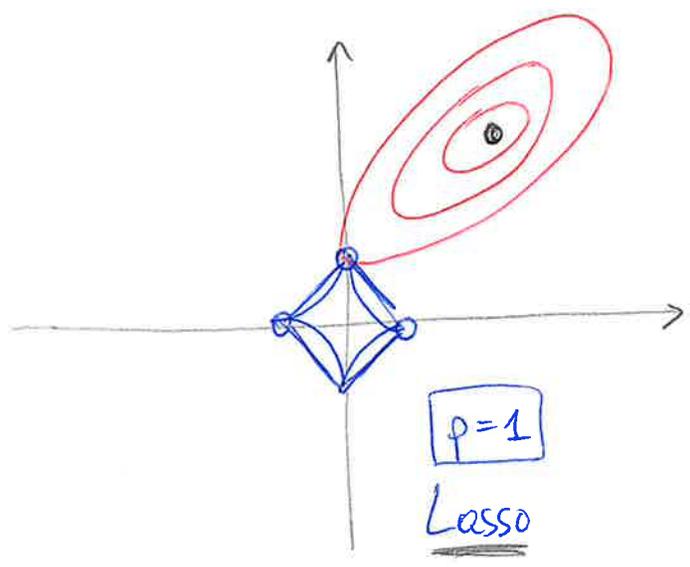
➡ when  $\mu$  is large enough such that  $\|\hat{\omega}_{\mu=\infty}\|_1 < \mu$ , then, the optimal solution does not change as the feasible set includes the unregularized optimal solution

➡ As  $\mu$  decreases (which is equivalent to increasing regularization  $\lambda$ ) the feasible set (green diamonds in figure above) shrinks.

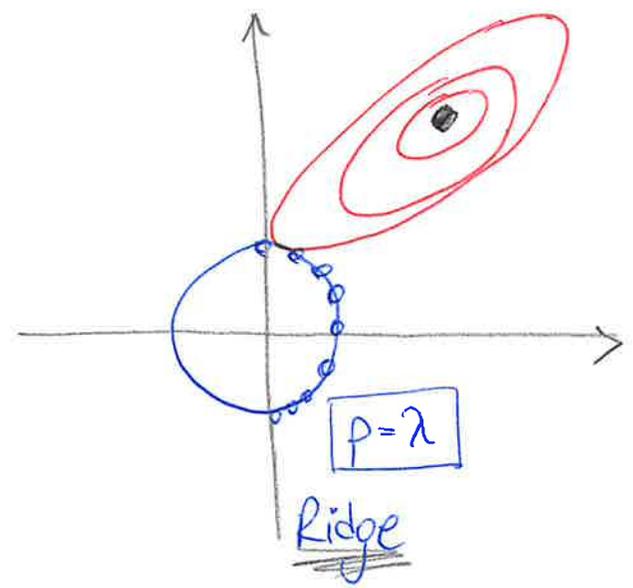
➡ For small enough  $\mu$ , the optimal solution becomes **sparse**; because the L1-ball is "pointy" (i.e., has sharp edges aligned with the axes)

# Constrained Least Squares

- Lasso regression finds sparse solutions, as  $L_1$ -ball is "pointy"
- Ridge regression finds dense solutions, as  $L_2$ -ball is "smooth"



$$\left\{ \begin{array}{l} \text{minimize}_{\omega} \sum_{i=1}^n (\omega^T x_i - y_i)^2 \\ \text{subject to: } \|\omega\|_1 \leq \mu \end{array} \right.$$



$$\left\{ \begin{array}{l} \text{minimize}_{\omega} \sum_{i=1}^n (\omega^T x_i - y_i)^2 \\ \text{subject to: } \|\omega\|_2 \leq \mu \end{array} \right.$$

# $L_1$ -Ball in Higher Dimensions

$L_1$ -ball in 3 dimensions

